



## Muscle Spasms Better

MORIAH CAME INTO HIGHER HEALTH CHIROPRACTIC WITH SEVERE MUSCLE SPASMS THROUGHOUT HER NECK, SHOULDERS, AND BACK, WHICH SHE EXPERIENCED FOR **YEARS**. THEY WERE SO SEVERE THAT SHE WOULD MISS WEEKS OF CLASS AND WORK BECAUSE SHE WAS BEDRIDDEN. SHE EVEN NEEDED ASSISTANCE GETTING DRESSED, DOING HER HAIR, AND EATING.

MORIAH SAW A NEUROLOGIST WHO TOOK MRI'S AND X-RAYS CONCLUDING THAT NOTHING WAS WRONG. SHE ALSO TRIED PHYSICAL THERAPY, ANOTHER CHIROPRACTOR WHO "COULDN'T HELP," MASSAGE AND ACUPUNCTURE WHICH PROVIDED TEMPORARY RELIEF. AFTER SPECIFIC, SCIENTIFIC CHIROPRACTIC CARE AT HHC, **THE SPASMS IN HER BACK ARE ALMOST GONE! NOT ONLY THAT, BUT SHE IS NO LONGER TAKING 5 DIFFERENT MEDICATIONS!** SHE STATES THAT HER "BAD" DAYS NOW ARE EQUIVALENT TO HER "GOOD" DAYS BEFORE. SHE IS ALSO NOW ABLE TO WORK! MORIAH HAS DONE AMAZING UNDER PRINCIPLED CHIROPRACTIC CARE, ALLOWING THE BODY TO HEAL FROM THE INSIDE OUT!

"The staff at HHC is super friendly, professional, very knowledgeable and encouraging."

HigherHealth  
*chiropractic*

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